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Practical Training on **CLINICAL NUTRITION**

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About Nutri World

Nutri World, established in 2017 by Dietitian Dipanwita Saha, is a renowned Sole Proprietorship Nutrition Education and Consultancy business based in India. Certified by IAF, ISO, MSME, and TRADEMARKED, Nutri World has educated over 20,000 students globally, offering a range of nutritional courses and diet consultancy services. With a dedicated team of 25 Nutrition Faculties and 10 Clinical Dietitians, the organization works internationally, serving countries like Bangladesh, the UK, USA, Netherlands, Nigeria, and the Philippines. Nutri World aims to promote nutrition education, raise awareness for healthy lifestyles, and become a leading platform for education and diet-related services in India.





Founder & Director **DIPANWITA SAHA**

Clinical Dietitian & Nutripreneur M.Sc. (Clinical Nutrition & Dietetics), | PGD (Food Technology) | Certified Diabetes Educator | Certified Oncology Dietitian | Associated with Kolkata Heart Foundation as a Consultant Dietitian| Consultant Dietitian at Suraksha Polyclinic | Sr. Nutritionist at Hiya Heart Clinic | Sr. International Nutri Educator at 20 Minutes Medical, Bangladesh| Life Member of Indian Association of Parenteral & Enteral Nutrition | Bengali Book Writer - "Aapnar Shoreer Bolchhi"

Achievement

- The Real Super Woman Award, 2022 by by Forever Star India
- India's Top Ideal Woman Award 2023, Presented by Femmetimes India - Category- Woman Healthpreneur & Also Featuring of Entrepreneur Journey on Femmetimes Magazine
- Star Woman of the Year-2023 Presented by India Star Community- Category- Young Dietitian
- International Diabetes Educator Excellence Award 2023 by USV & NDEP
- Bengal Leadership Award Holder 2024 by Today's Story
- Bengal Icon Award Holder 2024 by Today's Story

Course Objectives

- To provide **practical knowledge** of clinical dietetics beyond textbooks.
- To develop skills in **diet chart preparation, counselling, and nutritional assessment**
- To introduce learners to **healthcare entrepreneurship**
- To train participants in handling **clinical cases through report analysis & case discussions.**
- To prepare students/professionals for **career in dietetics, clinical nutrition & a healthcare practice.**

Principles of the Programme

- 1 **Learn by Doing** – Hands-on training in every module.
- 2 **Case-Based Learning** – Real/Simulated medical reports & discussions.
- 3 **Progressive Curriculum** – Start with basics → Advance to clinical cases.
- 4 **One Class, One Module** – Each topic covered thoroughly in **2 hours.**
- 5 **Offline Interaction** – Direct mentorship and interactive discussion.

Advantages of Joining

- ✓ Practical training under expert faculty.
- ✓ Affordable fees with flexible options.
- ✓ Exposure to **clinical conditions & nutritional management.**
- ✓ Enhances **confidence in counselling & case handling.**
- ✓ Builds a foundation for **career opportunities in hospitals, clinics & private practice.**
- ✓ Certificate of Completion for all participants.
- ✓ **Soft Copy Study Material** will be provided to all participants.

Class Details

Mode: Offline Class

Nutri World Centre

(1/36 ground floor, behind Ashoknagar vidyapith, Ashoknagar, Tollygunge, Kolkata 700040)



Date & Time: Will be notified later

Course Modules & Fees Structure

1Month Programme – 1499/- 4Classes | 2hrs each

- DietChart Making
- Nutritional Counselling
- Nutritional Assessment & food weighing
- Introduction to Healthcare Entrepreneurship

3 Months Programme – 3999/- 12Classes | 2 hrs each

• Month 1:

- Same as 1-Month Programme

• Month 2 & 3:

- Weight Management
- Diabetes
- Thyroiditis & PCOD
- Hypertension & Hyperlipidaemia
- Fatty Liver & Liver Cirrhosis
- AKD & CKD
- Medical Report Analysis & Case Study Discussion
- Medical Report Analysis & Case Study Discussion

6 Months Programme – 7999/- 24Classes | 2 hrs each

• Month 1-3:

- Same as 3-Months Programme

• Month 4-6:

- Cancer (Breast, Ovarian, Liver)
- Erectile Dysfunction & Premature Ejaculation
- Menopause & Infertility
- IBS & IBD
- Pregnancy & Lactation
- Alzheimer's & Parkinson's
- UTI & Renal Calculi
- Cholecystitis & Pancreatitis
- Medical Report Analysis & Case Study Discussion 10. Medical Report Analysis & Case Study Discussion 11. Medical Report Analysis & Case Study Discussion 12. Self-Grooming



6 Months Programme – 14999/-

48Classes | 2 hrs each

- **Month 1-6:**

- Same as 6-Months Programme

- **Month 7-12::**

- MI& CCF
- Liver Transplantation & Kidney Transplantation
- Bronchitis & COPD
- Endometriosis & AIDS
- Schizophrenia, bipolar disorder
- Epilepsy (keto calculation)
- RA Disease & Lupus Erythematosus
- Stroke & RHD
- Malaria, Dengue
- Typhoid, TB
- Thalassemia & Sickle cell anaemia
- Multiple Sclerosis (MS) & Psoriasis
- Diverticulitis & PUD, Short Bowel syndrome
- Gout, Galactosemia
- Homocystinuria, PKU
- Geriatric Nutrition
- Paediatric Nutrition with Calculation
- pneumonia, and pulmonary fibrosis
- Autism Spectrum disorder & ADHD
- Practice class
- Practice class
- Practice class
- Practice class
- Exam



Course Completion Requirements

- **Assignments** must be submitted within given deadlines.
- **Viva Examination** will be conducted.
- **Written Test** will be taken after course completion.
- **Only after successful completion of assignments, viva, and written test, the certificate will be awarded.**

Registration & Details

Book your spot now

TAKE A STEP FORWARD IN YOUR NUTRITION CAREER.

Certification:

- **Hard Copy Certificate of Completion** after successful training.

****Note:**

The registration fee is non-refundable if a participant fails to attend the session after registering



Disclaimer

This training program/course is not designed to qualify participants as dietitians or to use the title of a dietitian. Becoming a legitimate dietitian or nutritionist requires a minimum of five years of formal education at a recognized college or university. This typically includes pursuing advanced degrees such as a Master's in Food & Nutrition, Food Science, or Dietetics, complemented by a practical internship in a hospital setting. Additionally, it is advisable to pass the national Registered Dietitian (RD) examination to achieve professional recognition in this field. Please note that our program does not support or advocate for short-term crash courses that claim to certify individuals as dietitians in an unrealistic timeframe. Our aim is to provide foundational knowledge and skills, not to replace the extensive education and certification required for dietetics professionals.

Contact Details

WhatsApp no : +919339512934 / +919647372176

Email : management@gonutriworld.com

Website : www.gonutriworld.com

