



PAEDIATRIC NUTRITION Internship Program



About Nutri World

Nutri World, established in 2017 by Dietitian Dipanwita Saha, is a renowned Sole Proprietorship Nutrition Education and Consultancy business based in India. Certified by IAF, ISO, MSME, and TRADEMARKED, Nutri World has educated over 20,000 students globally, offering a range of nutritional courses and diet consultancy services. With a dedicated team of 25 Nutrition Faculties and 10 Clinical Dietitians, the organization works internationally, serving countries like Bangladesh, the UK, USA, Netherlands, Nigeria, and the Philippines. Nutri World aims to promote nutrition education, raise awareness for healthy lifestyles, and become a leading platform for education and diet-related services in India.





Founder & Director **DIPANWITA SAHA**

Clinical Dietitian & Nutripreneur M.Sc. (Clinical Nutrition & Dietetics), | PGD (Food Technology) | Certified Diabetes Educator | Certified Oncology Dietitian | Associated with Kolkata Heart Foundation as a Consultant Dietitian| Consultant Dietitian at Suraksha Polyclinic | Sr. Nutritionist at Hiya Heart Clinic | Sr. International Nutri Educator at 20 Minutes Medical, Bangladesh| Life Member of Indian Association of Parenteral & Enteral Nutrition | Bengali Book Writer - "Aapnar Shoreer Bolchhi"

Achievement

- The Real Super Woman Award, 2022 by by Forever Star India
- India's Top Ideal Woman Award 2023, Presented by Femmetimes India - Category- Woman Healthpreneur & Also Featuring of Entrepreneur Journey on Femmetimes Magazine
- Star Woman of the Year-2023 Presented by India Star Community- Category- Young Dietitian
- International Diabetes Educator Excellence Award 2023 by USV & NDEP
- Bengal Leadership Award Holder 2024 by Today's Story
- Bengal Icon Award Holder 2024 by Today's Story

About Course

Nutri World is excited to announce an 3-month specialised Paediatric Nutrition Internship Program designed for nutrition students and professionals who want to develop strong practical knowledge in child nutrition, diet planning, and disease management.

This internship focuses on clinical skills, diet calculations, growth assessment, and parent counselling, helping participants gain real-life experience in paediatric nutrition practice.

Don't miss this opportunity to enhance your expertise and make a meaningful impact in the field of clinical nutrition.



COURSE DETAILS

DURATION

3 Months (24 Classes)

FORMAT LIVE ONLINE CLASSES

1 Hour classes conducted on the
Google Meet Platform

DATE & TIME

The Time schedule will be shared after
completing the admission process.

ELIGIBILITY

- BSc Nutrition students
- MSc Nutrition students
- Dietetics interns
- Nutritionists interested in paediatric specialization Healthcare professionals interested in child nutrition

CERTIFICATION

Provide E-Certification (ISO Registered Certification)

EXAMINATION

F.M : 50 Marks- MCQ Type Google Form Exam (Pass
Marks will 70% in total will be needed to qualify in exam)

SPECIAL FEATURES

- 1 Recorded Classes will be provided after every class
- 2 Exclusive soft copy study materials will be provided

Course Syllabus

Module 1

Foundations of Paediatric Nutrition

- Importance of Paediatric Nutrition
- Role and responsibilities of a Paediatric Nutritionist
- Career pathway: How to start working as a Paediatric Nutritionist (clinic, hospital, community, private practice)
- Nutritional needs from infancy to adolescence

Module 2

Nutritional Assessment & Malnutrition Management

- Anthropometric measurements (Weight, Height/Length, MUAC, Head Circumference)
- Dietary assessment methods in children
- Clinical signs of nutrient deficiencies
- Identification and classification of **malnutrition (SAM, MAM, stunting, wasting, underweight)**
- Nutritional rehabilitation and management strategies

Module 3

Growth Chart Plotting & Diet Chart Calculations

- WHO / IAP growth chart plotting
- Interpretation of **percentiles and Z-scores**
- Energy, protein, and fluid requirement calculations
- Age-wise diet planning and portion size estimation
- Disease-specific diet calculations

Module 4

Paediatric Feeding Practices & Problems

- Breastfeeding and complementary feeding principles
- Feeding problems in children
 - Picky eating
 - Food refusal
 - Poor appetite Overfeeding and
 - obesity
- Practical feeding solutions and behaviour strategies

Module 4

Disease-Specific Paediatric Nutrition Management

Malnutrition & Nutrient Deficiency Disorders

- Protein Energy Malnutrition
- Iron Deficiency Anaemia
- Vitamin D deficiency



Gastrointestinal Disorders

- Acute Gastroenteritis
- Chronic Diarrhoea
- Celiac Disease
- Malabsorption Syndrome

Metabolic & Endocrine Disorders

- Type 1 Diabetes Mellitus
- Congenital Hypothyroidism
- Inborn Errors of Metabolism
- Phenylketonuria (PKU)
- Galactosemia

Critical Paediatric Conditions

- Failure to Thrive
- Cerebral Palsy
- Autism Spectrum Disorder
- Pediatric Chronic Kidney Disease
- Nephrotic Syndrome
- Pediatric Fatty Liver Disease
- Thalassemia

Module 6

Child & Parent Counseling Technique

- Structured counseling format for paediatric practice
- Communication techniques with parents
- Explaining growth and diet issues
- Motivational counseling for long-term dietary compliance

Module 6

Practical Case Studies & Diet Planning

- Case-based disease discussion
- Growth chart interpretation practice
- Disease-specific diet chart preparation
- Child nutrition case presentation



Admission Process & Fees Structure

Book Your Seat Now

Start Your Journey Towards MSc Admission Success!

Fees Structure

ONE-TIME PAYMENT:

₹5200/-

(FOR 3 MONTHS)

MONTHLY PAYMENT:

₹1800/-

(PER MONTH)

(After enrolment fee cannot be refunded at any circumstances)

• Benefits of This Internship

- Live interactive classes
- Recorded class access (so you can revise anytime)
- Soft Copy study notes & learning materials
- Growth chart plotting & diet calculation training
- Disease-specific paediatric diet planning Case-based
- Discussions & practical learning
- Parent counseling techniques
- Skill development for clinical nutrition practice

Disclaimer

This training program/course is not designed to qualify participants as dietitians or to use the title of a dietitian. Becoming a legitimate dietitian or nutritionist requires a minimum of five years of formal education at a recognized college or university. This typically includes pursuing advanced degrees such as a Master's in Food & Nutrition, Food Science, or Dietetics, complemented by a practical internship in a hospital setting. Additionally, it is advisable to pass the national Registered Dietitian (RD) examination to achieve professional recognition in this field. Please note that our program does not support or advocate for short-term crash courses that claim to certify individuals as dietitians in an unrealistic timeframe. Our aim is to provide foundational knowledge and skills, not to replace the extensive education and certification required for dietetics professionals.

Contact Details

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