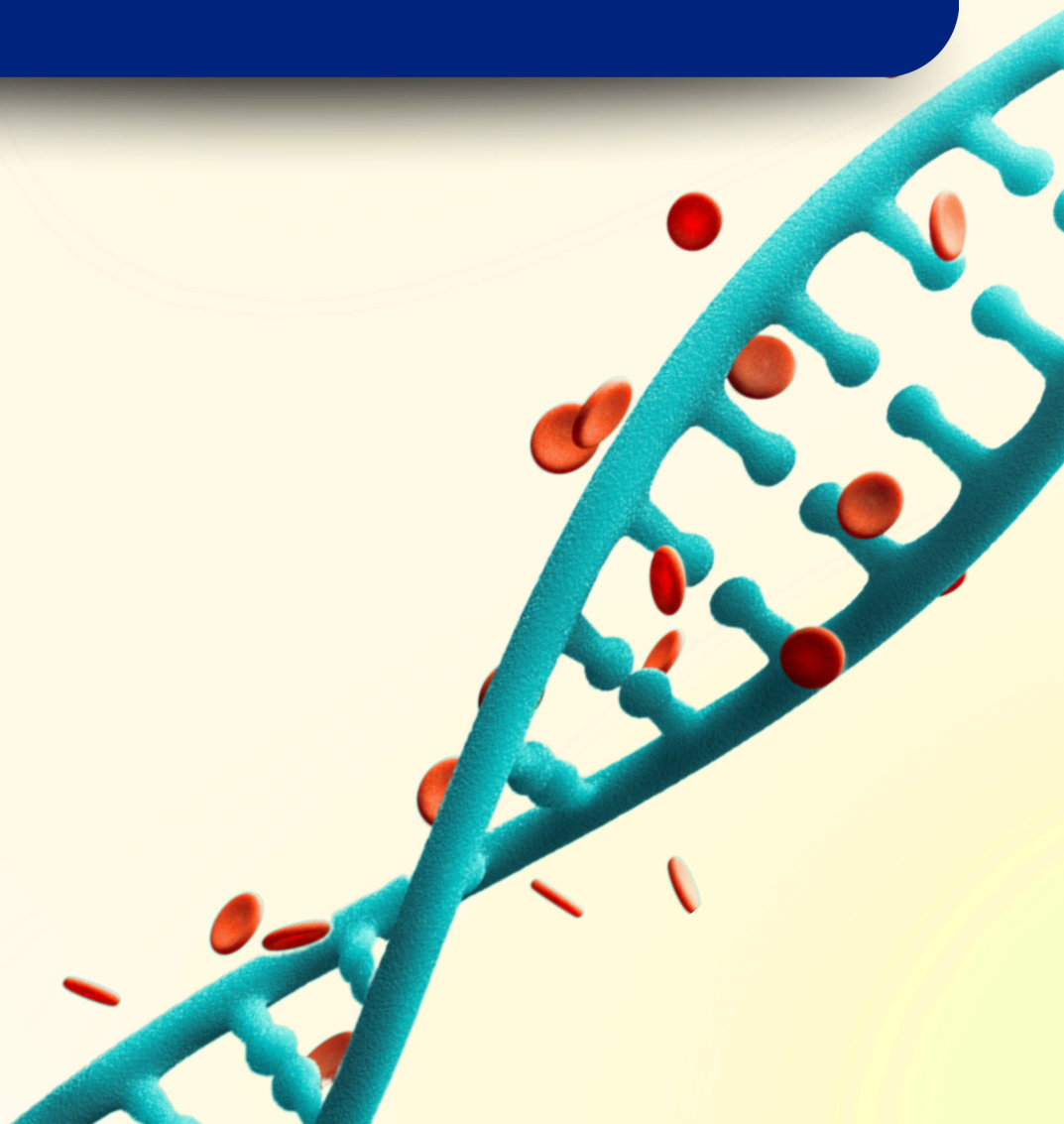




Nutri World®

MASTERCLASS IN NUTRIGENOMICS



About Nutri World

Nutri World, established in 2017 by Dietitian Dipanwita Saha, is a renowned Sole Proprietorship Nutrition Education and Consultancy business based in India. Certified by IAF, ISO, MSME, and TRADEMARKED, Nutri World has educated over 20,000 students globally, offering a range of nutritional courses and diet consultancy services. With a dedicated team of 25 Nutrition Faculties and 10 Clinical Dietitians, the organization works internationally, serving countries like Bangladesh, the UK, USA, Netherlands, Nigeria, and the Philippines. Nutri World aims to promote nutrition education, raise awareness for healthy lifestyles, and become a leading platform for education and diet-related services in India.





Founder & Director **DIPANWITA SAHA**

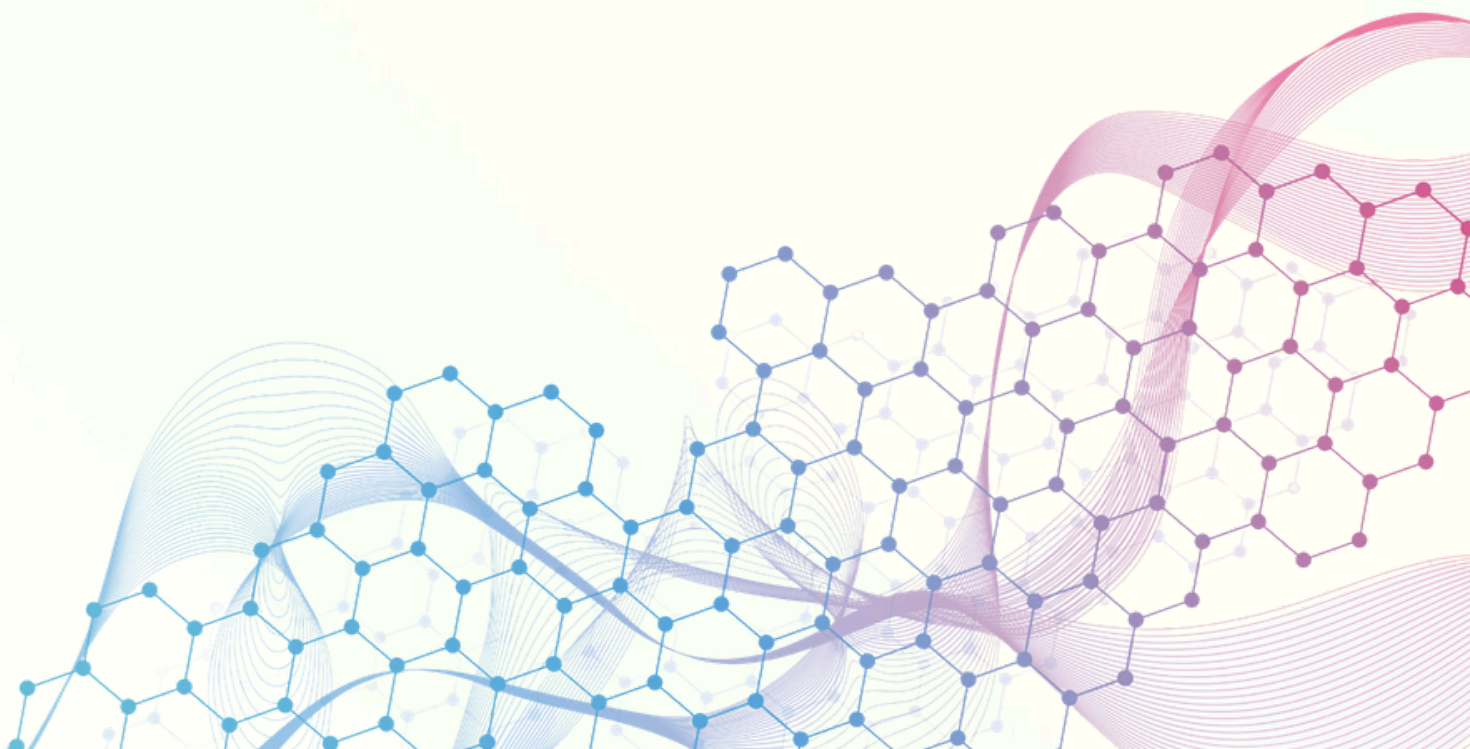
Clinical Dietitian & Nutripreneur M.Sc. (Clinical Nutrition & Dietetics), | PGD (Food Technology) | Certified Diabetes Educator | Certified Oncology Dietitian | Associated with Kolkata Heart Foundation as a Consultant Dietitian| Consultant Dietitian at Suraksha Polyclinic | Sr. Nutritionist at Hiya Heart Clinic | Sr. International Nutri Educator at 20 Minutes Medical, Bangladesh| Life Member of Indian Association of Parenteral & Enteral Nutrition | Bengali Book Writer - "Aapnar Shoreer Bolchhi"

Achievement

- The Real Super Woman Award, 2022 by by Forever Star India
- India's Top Ideal Woman Award 2023, Presented by Femmetimes India - Category- Woman Healthpreneur & Also Featuring of Entrepreneur
- Journey on Femmetimes Magazine
- Star Woman of the Year-2023 Presented by India Star Community- Category- Young Dietitian
- International Diabetes Educator Excellence Award 2023 by USV & NDEP
- Bengal Leadership Award Holder 2024 by Today's Story
- Bengal Icon Award Holder 2024 by Today's Story

About Course

Masterclass on Nutrigenomics by Nutri World explores the relationship between nutrition and genetics, focusing on how individual genetic variations influence nutrient metabolism and overall health. This course covers gene-diet interactions, personalized nutrition strategies, and the role of nutrigenomics in preventing and managing chronic diseases, empowering professionals to design tailored dietary plans for optimal health outcomes.



COURSE DETAILS

DURATION	6 Months
FORMAT LIVE ONLINE CLASSES	1 Hour classes conducted on the Google Meet Platform
DATE & TIME	The Time schedule will be shared after completing the admission process.
ELIGIBILITY	Bsc Final Year, Msc in Nutrition Pursuing or Passed out
CERTIFICATION	Provide E-Certification (ISO Registered Certification)
EXAMINATION	Presentation & Viva

SPECIAL FEATURES

- 1 Recorded Classes will be provided after every class
- 2 Exclusive soft copy study materials will be provided



Course Syllabus



UNIT 1: FUNDAMENTALS OF NUTRIGENETICS & NUTRIGENOMICS

- INTRODUCTION TO THE OMICS REVOLUTION
- GENETICS PRIMER FOR NUTRITIONISTS
- EPIGENETICS: BEYOND THE SEQUENCE
- NUTRIENT-GENE INTERACTIONS
- METABOLIC TYPING & GENETIC VARIATION
- THE MICROBIOME-GENOTYPE CONNECTION


UNIT 2: CARDIOVASCULAR HEALTH & METABOLIC SYNDROME

- GENOMICS OF LIPID METABOLISM
- HYPERTENSION & SODIUM SENSITIVITY
- TYPE 2 DIABETES & INSULIN RESISTANCE
- INFLAMMATION & OBESITY
- MTHFR & THE METHYLATION CYCLE
- CASE STUDY REVIEW: METABOLIC HEALTH

UNIT 3: CANCER, IMMUNITY & BRAIN HEALTH

- NUTRIGENOMICS IN CANCER PREVENTION
- DETOXIFICATION & OXIDATIVE STRESS
- NUTRITIONAL PSYCHIATRY & COGNITIVE DECLINE
- IMMUNOGENOMICS
- BONE HEALTH & VITAMIN METABOLISM
- WORKSHOP: DESIGN FOR DISEASE PREVENTION

UNIT 4: CLINICAL PRACTICE & FUTURE DIRECTIONS

- INTERPRETING DIRECT-TO-CONSUMER (DTC) TESTS & GENETIC TESTING: A TOOL FOR PRECISION NUTRITION
 - ETHICS, PRIVACY & LAW IN NUTRIGENOMICS
 - PERSONALIZED SUPPLEMENTATION STRATEGY
 - BEHAVIORAL CHANGE & GENETIC FEEDBACK
 - FUTURE OF PERSONALIZED NUTRITION
 - FINAL CAPSTONE: MASTERCLASS CERTIFICATION
- 



Our Instructor

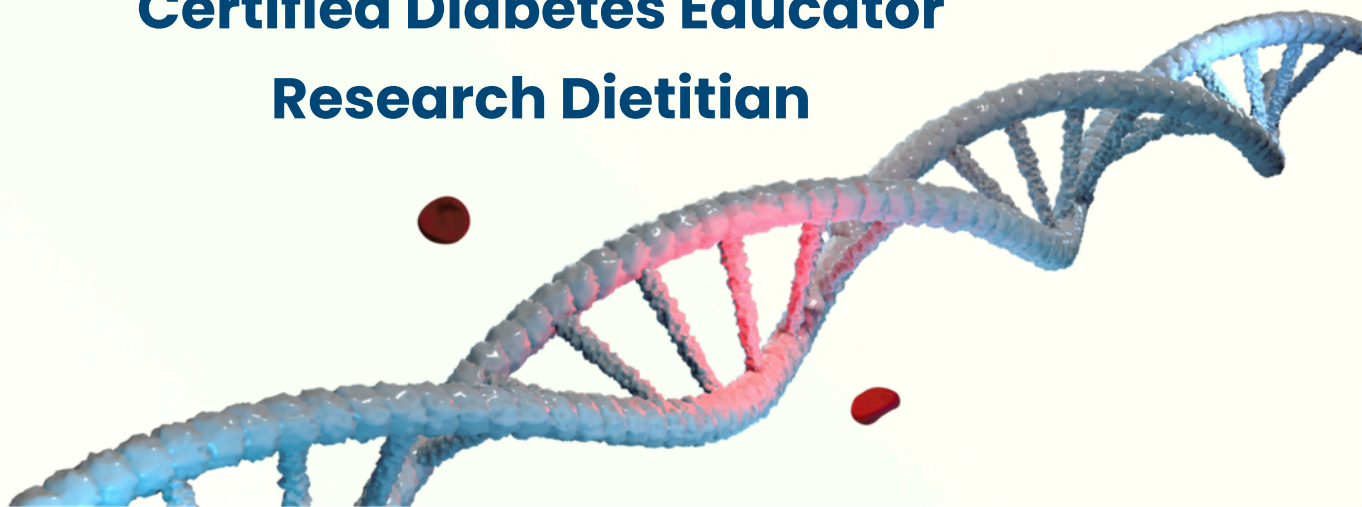
ANAPURBA KANJILAL

M.SC in Food & Nutrition (C.U)

UGC NET Qualified, 2019 December

Certified Diabetes Educator

Research Dietitian



Admission Process & Fees Structure

REGISTER NOW

(Click the link & fill up the admission form)

FEES STRUCTURE

ONE-TIME PAYMENT:

₹4999/-

(FOR 6 MONTHS)

MONTHLY PAYMENT:

₹1000/-

(FOR 6 MONTHS)

FOR MONTHLY PAYMENT

TOTAL FEES WILL BE ₹ 6000/-

(After enrollment fee cannot be refunded at any circumstances)

Contact Details

WhatsApp no : +919647372176/+919593393446

Email : management@gonutriworld.com

Website : www.gonutriworld.com





Disclaimer

This training program/course is not designed to qualify participants as dietitians or to use the title of a dietitian. Becoming a legitimate dietitian or nutritionist requires a minimum of five years of formal education at a recognized college or university. This typically includes pursuing advanced degrees such as a Master's in Food & Nutrition, Food Science, or Dietetics, complemented by a practical internship in a hospital setting. Additionally, it is advisable to pass the national Registered Dietitian (RD) examination to achieve professional recognition in this field. Please note that our program does not support or advocate for short-term crash courses that claim to certify individuals as dietitians in an unrealistic timeframe. Our aim is to provide foundational knowledge and skills, not to replace the extensive education and certification required for dietetics professionals.

