



DIET PLAN MAKING PROGRAM

(ADVANCED LEVEL)



About Nutri World

Nutri World, established in 2017 by Dietitian Dipanwita Saha, is a renowned Sole Proprietorship Nutrition Education and Consultancy business based in India. Certified by IAF, ISO, MSME, and TRADEMARKED, Nutri World has educated over 20,000 students globally, offering a range of nutritional courses and diet consultancy services. With a dedicated team of 25 Nutrition Faculties and 10 Clinical Dietitians, the organization works internationally, serving countries like Bangladesh, the UK, USA, Netherlands, Nigeria, and the Philippines. Nutri World aims to promote nutrition education, raise awareness for healthy lifestyles, and become a leading platform for education and diet-related services in India.





Founder & Director **DIPANWITA SAHA**

Clinical Dietitian & Nutripreneur M.Sc. (Clinical Nutrition & Dietetics), I PGD (Food Technology) | Certified Diabetes Educator | Certified Oncology Dietitian | Associated with Kolkata Heart Foundation as a Consultant Dietitian| Consultant Dietitian at Suraksha Polyclinic | Sr. Nutritionist at Hiya Heart Clinic | Sr. International Nutri Educator at 20 Minutes Medical, Bangladesh| Life Member of Indian Association of Parenteral & Enteral Nutrition | Bengali Book Writer – "Aapnar Shoreer Bolchhi"

Achievement

- The Real Super Woman Award, 2022 by by Forever Star India
- India's Top Ideal Woman Award 2023, Presented by Femmetimes India - Category- Woman Healthpreneur & Also Featuring of Entrepreneur Journey on Femmetimes Magazine
- Star Woman of the Year-2023 Presented by India Star Community- Category- Young Dietitian
- International Diabetes Educator Excellence Award 2023 by USV & NDEP
- Bengal Leadership Award Holder 2024 by Today's Story

About Course

The Advanced Diet Plan Making Program by Nutri World is an intensive course designed for students aiming to enhance their knowledge in therapeutic nutrition. It covers essential areas like understanding various diseases, diet counseling techniques, and the skills needed for effective patient follow-up. Participants gain hands-on experience in creating personalized diet charts for different conditions, catering to both state and international standards. This program equips students with practical skills in dietary management for diverse health needs, preparing them for professional roles in nutrition and dietetics.



COURSE DETAILS

DURATION

6 Months

FORMAT LIVE ONLINE CLASSES

2 Hours classes conducted on the Google Meet Platform

DATE & TIME

Sunday 6 pm to 8 pm

ELIGIBILITY

Msc in Nutrition Pursuing or Passed out with Completed the Basic Level of Diet Plan Making Program

CERTIFICATION

Provide E-Certification (ISO Registered Certification)

EXAMINATION

F.M : F.M: 100 Marks
· 25 Marks (Assignment)
· 25 Marks (Case Study Presentation)
· 50 Marks Grand Viva

Special Features

- Recorded Classes will be provided after every class
- Exclusive soft copy study materials will be provided

Course Syllabus

MODULE: 1- GASTROINTESTINAL DISORDERS

- Gastritis
- Constipation
- Diarrhoea
- Peptic Ulcer
- IBS & IBD
- Intolerance Disorder

MODULE: 2- HORMONAL DISORDER

- PCOD & PCOS
- Endometriosis
- T2DM
- Thyroiditise

MODULE: 3- LIVER DISORDERS

- Fatty Liver
- Liver Cirrhosis
- Cholecystitis
- Pancreatitis

MODULE: 4- CARDIOVASCULAR DISEASES

- Hyperlipidaemia
- Hypertension
- Micocardial Infraction
- Congestive Cardiac Failure

MODULE: 5- RENAL DISORDERS

- Nephritis
- Nephrotic Syndrome
- AKD & CKD
- Renal Calculi
- UTI



Course Syllabus

MODULE: 6 ONCOLOGY NUTRITION

- Management of Cancer Patient & Feeding Problem related to Cancer Therapy

MODULE: 7 NUTRITIONAL MANAGEMENT IN INFECTION & FEVER

- Typhoid
- Tuberculosis
- AIDS
- Malaria

MODULE: 8 WOMEN HEALTH NUTRITION

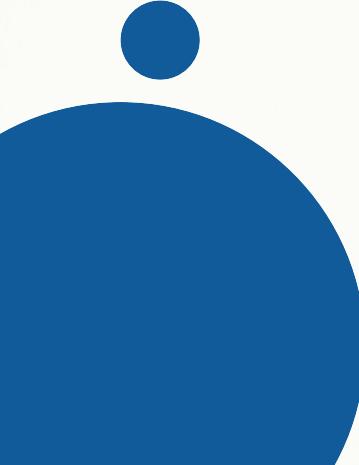
- Pregnancy
- Lactation
- Menopause
- Infertility

MODULE: 9 PULMONARY DISORDER

- Pneumonia
- COPD

MODULE: 10 SELF-GROOMING SESSION

- Case Study Discussion
- Grooming Session



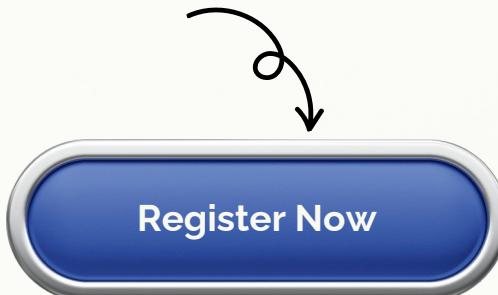


Our Instructor
DIPANWITA SAHA

**Clinical Dietitian & Nutripreneur
Certified Diabetes Educator
Certified Oncology Dietitian**



Admission Process & Fees Structure



(Click the link & fill up the admission form)

Fees Structure

ONE TIME PAYMENT:

₹7500/- (for 6 months)

INSTALLATION PAYMENT :

₹1350/- per month (for 6 months)

(After enrolment fee cannot be refunded at any circumstances)



Disclaimer

This training program/course is not designed to qualify participants as dietitians or to use the title of a dietitian. Becoming a legitimate dietitian or nutritionist requires a minimum of five years of formal education at a recognized college or university. This typically includes pursuing advanced degrees such as a Master's in Food & Nutrition, Food Science, or Dietetics, complemented by a practical internship in a hospital setting. Additionally, it is advisable to pass the national Registered Dietitian (RD) examination to achieve professional recognition in this field. Please note that our program does not support or advocate for short-term crash courses that claim to certify individuals as dietitians in an unrealistic timeframe. Our aim is to provide foundational knowledge and skills, not to replace the extensive education and certification required for dietetics professionals.

Contact Details

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