

# MASTERCLASS IN AUTOIMMUNE DISEASES



## **About Nutri World**

Nutri World, established in 2017 by Dietitian Dipanwita Saha, is a renowned Sole Proprietorship Nutrition Education and Consultancy business based in India. Certified by IAF, ISO, MSME, and TRADEMARKED, Nutri World has educated over 20,000 students globally, offering a range of nutritional courses and diet consultancy services. With a dedicated team of 25 Nutrition Faculties and 10 Clinical Dietitians, the organization works internationally, serving countries like Bangladesh, the UK, USA, Netherlands, Nigeria, and the Philippines. Nutri World aims to promote nutrition education, raise awareness for healthy lifestyles, and become a leading platform for education and dietrelated services in India.









## Founder & Director DIPANWITA SAHA

Clinical Dietitian & Nutripreneur M.Sc. (Clinical Nutrition & Dietetics), | PGD (Food Technology) | Certified Diabetes Educator | Certified Oncology Dietitian | Associated with Kolkata Heart Foundation as a Consultant Dietitian | Consultant Dietitian at Suraksha Polyclinic | Sr. Nutritionist at Hiya Heart Clinic | Sr. International Nutri Educator at 20 Minutes Medical, Bangladesh | Life Member of Indian Association of Parenteral & Enteral Nutrition | Bengali Book Writer - "Aapnar Shoreer Bolchhi"

#### **Achievement**

- O The Real Super Woman Award, 2022 by by Forever Star India
- India's Top Ideal Woman Award 2023, Presented by Femmetimes India -Category- Woman Healthpreneur & Also Featuring of Entrepreneur Journey on Femmetimes Magazine
- Star Woman of the Year-2023 Presented by India Star Community-Category- Young Dietitian
- International Diabetes Educator Excellence Award 2023 by USV & NDEP
- Bengal Leadership Award Holder 2024 by Today's Story
- Bengal Icon Award Holder 2024 by Today's Story



## **About Course**

Nutri World is excited to announce an exclusive Masterclass on Medical Nutrition Therapy (MNT) for Autoimmune Diseases, designed to provide in-depth knowledge and practical strategies for managing autoimmune conditions through nutrition. This masterclass will cover evidencebased dietary approaches, personalized meal planning, and the role of anti-inflammatory foods in supporting immune health. Led by experienced dietitians and healthcare professionals, the session aims to equip students and professionals with the skills to develop effective nutrition interventions for conditions rheumatoid arthritis, lupus, and more. Don't miss this opportunity to enhance your expertise and make a meaningful impact in the field of clinical nutrition.



### **COURSE DETAILS**

**DURATION** 

2 Months

FORMAT LIVE ONLINE CLASSES

1 Hour classes conducted on the Google Meet Platform

**DATE & TIME** 

The Time schedule will be shared after completing the admission process.

**ELIGIBILITY** 

Bsc Final Year, Msc in Nutrition Pursuing or Passed out

**CERTIFICATION** 

Provide E-Certification (ISO Registered Certification)

**EXAMINATION** 

F.M: 50 Marks- MCQ Type Google Form Exam (Pass Marks will 70% in total will be needed to qualify in exam)

#### **SPECIAL FEATURES**

- Recorded Classes will be provided after every class
- Exclusive soft copy study materials will be provided

## Course Syllabus

Module 1

**Introduction regarding Autoimmune Disease** 

**Module 2** 

Common Autoimmune Disorders & their management system

- · RHEUMATOID ARTHRITIS (RA)
- · ADDISON DISEASE
- · MULTIPLE SCLEROSIS
- · SYSTEMIC LUPUS ERYTHEMATOSUS
- · MYASTHENIA GRAVIS
- · DERMATOMYSOSITIS
- · CELIAC DISEASE
- · HASHIMOTO THYROIDITIS





## Our Instructor DIPANWITA SAHA

Clinical Dietitian & Nutripreneur Certified Diabetes Educator Certified Oncology Dietitian



## Admission Process & Fees Structure

Register Now

(Click the link & fill up the admission form)

**Fees Structure** 

ONE-TIME PAYMENT:

₹1000/
(FOR 2 MONTHS)

MONTHLY PAYMENT:

₹500/
(FOR 2 MONTHS)

(After enrolment fee cannot be refunded at any circumstances )





## Disclaimer

This training program/course is not designed to qualify participants as dietitians or to use the title of a dietitian. Becoming legitimate dietitian nutritionist requires a minimum of five years of formal education at a recognized college or university. This typically includes pursuing advanced degrees such as a Master's in Food & Nutrition, Food Science, or Dietetics, complemented by a practical internship in a hospital setting. Additionally, it is advisable to pass the national Registered Dietitian (RD) examination to achieve professional recognition in this field. Please note that our program does not support or advocate for short-term crash courses that claim to certify individuals as dietitians in an unrealistic timeframe. Our aim is to provide foundational knowledge and skills, not to replace the extensive education and certification required for dietetics professionals.

### **Contact Details**

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